

got control?

Take your riding to the next level with a Total Control Advanced Riding Clinic

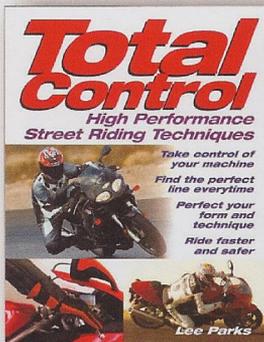
Modern motorcycles are capable of incredible performance. That means to safely operate them requires much more than a basic training course. Fortunately, there is a proven solution that has been creating proficient street and track riders for over 10 years. The Total Control Advanced Riding Clinic (TCARC) was developed by national champion Lee

Parks and has been taught since 1998 as a critical step between an MSF Experienced Rider Course and a track school. It teaches proper control of any on-road motorcycle regardless of displacement, size or power. All types of riding are covered whether you own a cruiser, tourer or sportbike. The secret is its proprietary riding technology that is able to replicate the g-forces of high-speed travel at low speeds in a controlled, range-based environment.

Total Control[®]
Advanced Riding Clinic

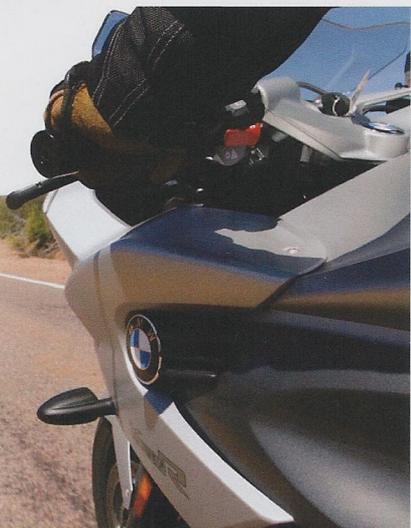
Because a lot of accidents are caused by the fact that a rider panicked, "freaked out" or target fixated, the TCARC combines its physical techniques with its exclusive mental training. It is here that riders learn how to overcome fear on a motorcycle, how to maintain optimum concentration as well as have the right attitude to make proper decisions before it's too late. Previously this type of advanced psychology was only available in high-level martial arts and special forces training. But we make it available to everyday riders just like you. This revolutionary program has been taught all over the U.S. as well as internationally in Europe and even Russia. It has also become a favorite with law enforcement and at military bases around the country.

Lee put the techniques of the TCARC together in his book "Total Control," which is one of the best-selling motorcycle books of all time and available at booksellers worldwide or at our website.



With licensed providers currently in 17 states, now is a great time to take your riding to a whole new level. For more information (or a location near you) call us at 800.943.5638 or see us online at:

www.totalcontroltraining.net



10 Steps to Proper Cornering

1. Reposition (inside) Foot

- Be on the balls of your feet for maximum leverage (for footpegs)
- Don't let any part of your foot touch the ground

2. Preposition Body

- Put your body into the position that you want to be in, in the middle of the corner, BEFORE the corner even starts
- Body centerline to inside of the bike centerline

3. Push On Outside Grip

- Keep bike from falling into turn by forming "V" position
- Pre-load bike into wanting to turn

4. Locate Turn Point

- Choose a specific point where you will initiate your turn

5. Look Through Turn

- 10–15 feet before turn point in turns under 30 mph
- Connect the dots

6. Relax Outside Grip

- Gravitational and aerodynamic forces pull bike into turn without upsetting suspension

7. Push On Inside Grip—The FLOP!

- Do simultaneously with step 6
- Once in the turn use ONLY the inside arm to steer

8. Roll On Throttle

- Gently apply as EARLY as possible
- Inversely proportional to lean angle

9. Push Outside Grip

- Help throttle pick up bike
- Maintain "V" position

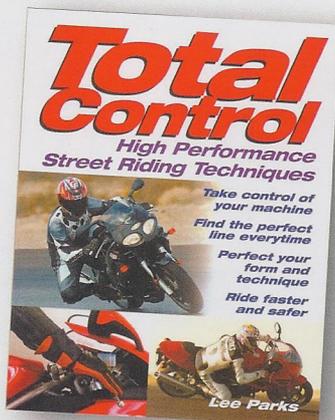
10. Move Back to Neutral

- Only after bike is completely vertical

© 2008 Lee Parks

Total Control[®]

Advanced Riding Clinic



www.totalcontroltraining.net